

<p style="text-align: center;">EMERGENCY CONTACTS</p> <ul style="list-style-type: none"> ▪ Emergency Operations Center _____ ▪ Fire Department _____ ▪ Police Department _____ ▪ Town/City Hall _____ ▪ Hospital _____ ▪ Red Cross 978.922.2224 ▪ National Grid 800.465.1212 /800.233.5325 ▪ DPW _____ ▪ For any emergency call 911 ▪ Emergency shelter: _____ <ul style="list-style-type: none"> ▪ Know your local warning signals ▪ Have your insurance agent's info on hand ▪ Know where your family members are, work etc. ▪ Have a communication plan with friends, neighbors & family ▪ Have an out of state person be your family contact ▪ Identify shelters & buildings that have generators 	<p style="text-align: center;">EMERGENCY SUPPLIES & PREPARATIONS</p> <ul style="list-style-type: none"> ▪ Keep enough supplies for at least 3 days ▪ Drinking water, 1 gallon per person per day ▪ Battery-operated AM/FM radio ▪ Food, non-perishable ▪ Have a plan should you lose heat, electricity & water ▪ Manual can opener, disposable plates & utensils ▪ Outdoor gas grill or camping stove ▪ Flashlight and extra batteries ▪ Cell phone with charger & know where to charge if electricity is lost ▪ Do NOT use CANDLES ▪ Special items for infant, elderly, disabled members ▪ Face masks ▪ Personal hygiene items, hand sanitizer ▪ First aid kit, thermometer, rubbing alcohol ▪ Adequate supply of medications ▪ Make arrangements for pets ▪ Water, for bathing & flushing should plumbing fail ▪ 1 change of weather appropriate clothing ▪ Blankets, towels, extra bedding ▪ Trash bags & duct tape to seal broken windows ▪ Know escape routes from your home & neighborhood ▪ Know safe spots in your home ▪ Be aware of safety plans for family and friends in nursing homes and low-income housing complexes
<p style="text-align: center;">UTILITIES & RESOURCES</p> <ul style="list-style-type: none"> ▪ Locate main electric fuse box, water service main and natural gas main ▪ Know how & when to turn off utilities: electricity, natural gas, solar, water. ▪ Teach responsible family members ▪ Homeowner's Handbook to Prepare for Coastal Hazards https://www.mass.gov/doc/homeowners-handbook-to-prepare-for-coastal-hazards/download ▪ Survival Food Kits https://www.thespruceeats.com/top-long-term-food-storage-companies-1665516 	<p style="text-align: center;">EVACUATION PLANS & KIT</p> <ul style="list-style-type: none"> ▪ Listen to battery-powered radio ▪ Follow instructions of local emergency officials ▪ Know how to evacuate your building ▪ Wear protective clothing and sturdy shoes ▪ Extra pair of eyeglasses ▪ All medications; list of allergies ▪ Extra set of car keys, credit card, traveler's checks ▪ Implement your plan to take care of pets ▪ Make certain your kit/bag has your ID on it ▪ Whistle, to draw attention of emergency personnel ▪ Trash bags ▪ Jumper cables, Flares, Local Maps ▪ Pack of cards to pass the time ▪ Important family documents in waterproof container; some personal photos ▪ Lock your home when leaving